

ST. JOHN'S

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
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				Snack: Mexican Sausage, Egg, & Cheese Quesadilla Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich Cold #2 Chicken Caesar salad Soup: Creamy Tortilla
4	5	<i>Ash Wednesday</i> 6	7	8
Snack: Egg & Bacon Breakfast Taco Hot #1 Shells and Cheese, Tossed Green Salad Hot #2 BBQ Chicken, Broccoli Rice Casserole, Cole Slaw Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad Soup: Cream of Mushroom	Snack: Ham, Egg, & Cheese English Muffin Sandwich Hot #1 Beef Picadillo over Rice, Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Broccoli, Baguette, Fresh Fruit Cold #1 Greek Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich Soup: Tortellini Spinach	Hot #1 Pancakes, Roasted Potatoes, Fruit Hot #2 Fish Sticks, Rice, Carrots & Celery Sticks with Ranch Apple Sauce Cold #1 Tuna on Croissant Cold #2 Tossed Southwestern Salad (no meat) Soup: Corn Chowder	Snack: Green Chile Pork, Egg, & Cheese Quesadilla Hot #1 Green Chili Sour Cream Chicken Enchilada Casserole Hot #2 Beef Enchilada Casserole, Tossed Salad w/ Cilantro Dressing, Rice, Pound Cake w/ Fresh Strawberries Cold #1 Chicken Caesar salad Cold #2 Turkey or Ham Sandwich Soup: Creamy Broccoli & White Bean	Hot #1 Spaghetti with Marinara, Hot #2 Spinach Corn Quesadilla with Caesar Salad, Roasted New Potatoes, Ice Cream Cold #1 Tuna on Croissant Cold #2 Cucumber & Tomato Salad (no meat) Soup: Mexican Zucchini Cheese Soup
11	12	13	14	15
<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>	<i>Spring Break</i>
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
18	19	20	21	22
Snack: Egg & Bacon Breakfast Taco Hot #1 Sticky Thai Meatballs, Hot #2 South African Chutney Chicken, Broccoli, Rice, Baguette, Graham Crackers Cold #1 Asian Chicken Salad Wrap Cold #2 California Tossed Green Salad Soup: Cream of Mushroom	Snack: Ham, Egg, & Cheese English Muffin Sandwich Hot #1 Shells and Cheese, Spinach Salad Hot #2 Meatloaf, Cauliflower Gratin, Green Beans, Baguette, Fresh Fruit Cold #1 Greek Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich Soup: Tortellini Spinach	Snack: Monkey Bread Pizza Puff Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Makhani Chicken, Couscous, Tossed Salad with Parmesan Ranch, Baguette, Yogurt Cold #1 Roast Beef on Ciabatta Cold #2 Tossed Southwestern Salad Soup: Corn Chowder	Snack: Green Chile Pork, Egg, & Cheese Quesadilla Hot #1 Fish Sticks Hot #2 Gemelli Pasta with Bolognese Sauce, Spinach Salad with Ranch, Corn and Carrots, Baguette, Nilla Wafers Cold #1 Chicken Caesar salad Cold #2 Turkey or Ham Sandwich Soup: Creamy Broccoli & White Bean	Hot #1 Pasta Primavera Hot #2 Grilled Cheese with Broccoli Cheese Soup, Tossed Green Salad, Baguette, Ice Cream Cold #1 Tuna on Croissant Cold #2 Cucumber & Tomato Salad (no meat) Soup: Mexican Zucchini Cheese Soup
25	26	27	28	29
Snack: Chicken, Refried Bean & Cheese Taco Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla, Corn, Southwestern Slaw with Ranch, Baguette Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad Soup: Broccoli Cheddar	Snack: Bacon, Egg, & Cheese Migas Hot #1 Taco Rice Bowl Hot #2 Spinach and Chicken Sausage, Rice, Tossed Salad, Baguette, Fresh Fruit Cold #1 Tossed Asian Salad Cold #2 Turkey or Ham Sandwich Soup: French Onion	Snack: English Muffin Pizza Hot #1 Beef Hot Dogs, Hot #2 Beef Tips over Wide Egg Noodles, Carrot and Celery Sticks with Ranch, Tossed Salad, Baguette, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad Soup: Creamy Italian Tomato	Snack: Beef, Guacamole, & Egg Soft Taco Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra, Peas and Carrots, Tossed Salad Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich Soup: Potato Leek	Hot #1 Pancakes, Roasted Potatoes, Fruit Hot #2 Fish Sticks, Rice, Carrots & Celery Sticks with Ranch Apple Crisp Cold #1 Tuna on Croissant Cold #2 Caesar salad (no meat) Soup: Creamy Tortilla