

# ST. JOHN'S

# February

# 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Snack: Mexican Sausage, Egg, & Cheese Quesadilla Hot #1 Fish Sticks, Tossed Green Salad Hot #2 Beef Tacos (soft tacos for little's) with Lettuce, Tomato, Spanish Rice, Beans, Apple Crisp Cold #1 Chicken Salad Sandwich on Croissant Cold #2 Chicken Caesar salad Soup: Creamy Tortilla
4 Snack: Egg & Bacon Breakfast Taco Hot #1 Shells and Cheese, Tossed Green Salad Hot #2 BBQ Chicken, Broccoli Rice Casserole, Cole Slaw Baguette, Yogurt Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad Soup: Cream of Mushroom	5 Snack: Ham, Egg, & Cheese English Muffin Sandwich Hot #1 Beef Picadillo over Rice, Hot #2 Grilled Cheese with Tomato Basil Soup, Tossed Salad, Broccoli, Baguette, Fresh Fruit Cold #1 Greek Salad with Chicken Cold #2 Turkey or Ham Sandwich Soup: Tortellini Spinach	6 Snack: Monkey Bread Pizza Puff Hot #1 Pancakes, Roasted Potatoes and Bacon Hot #2 Chicken Scaloppini Provencal, Mashed Potatoes, French Green Beans, Baguette, Apple Sauce Cold #1 Roast Beef on Ciabatta Cold #2 Tossed Southwestern Salad Soup: Corn Chowder	7 Snack: Green Chile Pork, Egg, & Cheese Quesadilla Hot #1 Green Chili Sour Cream Chicken Enchilada Casserole Hot #2 Beef Enchilada Casserole, Tossed Salad, Rice, Pound Cake w/ Strawberries Cold #1 Chicken Caesar salad Cold #2 Turkey or Ham Sandwich Soup: Creamy Broccoli & White Bean	8 Snack: Steak & Egg Breakfast Taco Hot #1 Spaghetti w/ Meat Sauce, Caesar Salad Hot #2 Broiled Hamburgers w/ Lettuce, Tomato, Roasted New Potatoes, Ice Cream Cold #1 Asian Chicken Salad Wrap Cold #2 Cobb Salad Soup: Mexican Zucchini Cheese Soup
11 Snack: Chicken, Refried Bean & Cheese Taco Hot #1 Beef Hot Dogs Hot #2 Chicken and Beef Sausage Jambalaya, French Green beans, Tossed Salad, Baguette, Nilla Wafers Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad Soup: Broccoli Cheddar	12 Snack: Bacon, Egg, & Cheese Migas Hot #1 Chicken, Radiatore Pasta with Diced Tomato and Basil Cream Sauce Hot #2 Loaded Baked Potato, Corn, Tossed Salad, Baguette, Fresh Fruit Cold #1 Tossed Asian Salad Cold #2 Turkey or Ham Sandwich Soup: French Onion	13 Snack: English Muffin Pizza Hot #1 Taco Rice Bowl Hot #2 Roasted Turkey with Gravy, Mashed Potatoes, Celery and Carrot Sticks with Ranch, Baguette, Peach Cobbler Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad Soup: Creamy Italian Tomato	14 Snack: Beef, Guacamole, & Egg Soft Taco Hot #1 Lemon Rosemary Seared Chicken Hot #2 Beef Stroganoff Peas and Carrots, Tossed Salad, Baguette, Applesauce Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich Soup: Potato Leek	15 <i>Winter Break</i>  <i>NO SCHOOL</i>
18 <i>Winter Break</i>  <i>NO SCHOOL</i>	19 Snack: Ham, Egg, & Cheese English Muffin Sandwich Hot #1 Shells and Cheese, Spinach Salad Hot #2 Meatloaf, Cauliflower Gratin, Green Beans, Baguette, Fresh Fruit Cold #1 Greek Salad with Grilled Chicken Cold #2 Turkey or Ham Sandwich Soup: Tortellini Spinach	20 Snack: Monkey Bread Pizza Puff Hot #1 Pancakes, Roasted Potatoes and Sausage Hot #2 Makhani Chicken, Couscous, Tossed Salad with Parmesan Ranch, Baguette, Yogurt Cold #1 Roast Beef on Ciabatta Cold #2 Tossed Southwestern Salad Soup: Corn Chowder	21 Snack: Green Chile Pork, Egg, & Cheese Quesadilla Hot #1 Fish Sticks Hot #2 Gemelli Pasta with Bolognese Sauce, Spinach Salad with Ranch, Corn and Carrots, Baguette, Nilla Wafers Cold #1 Chicken Caesar salad Cold #2 Turkey or Ham Sandwich Soup: Creamy Broccoli & White Bean	22 Snack: Steak & Egg Breakfast Taco Hot #1 Chili Macaroni Hot #2 Grilled Cheese with Broccoli Cheese Soup, Tossed Green Salad, Baguette, Ice Cream Cold #1 Italian Sandwich Cold #2 Cobb Salad Soup: Mexican Zucchini Cheese Soup
25 Snack: Chicken, Refried Bean & Cheese Taco Hot #1 Fusilli with Meatballs Hot #2 Chicken Quesadilla, Corn, Southwestern Slaw with Ranch, Baguette, Apple Sauce Cold #1 Lamb Gyro Cold #2 California Tossed Green Salad Soup: Broccoli Cheddar	26 Snack: Bacon, Egg, & Cheese Migas Hot #1 Taco Rice Bowl Hot #2 Spinach and Chicken Sausage, Rice, Tossed Salad, Baguette, Fresh Fruit Cold #1 Tossed Asian Salad Cold #2 Turkey or Ham Sandwich Soup: French Onion	27 Snack: English Muffin Pizza Hot #1 Beef Hot Dogs, Hot #2 Beef Tips over Wide Egg Noodles, Carrot and Celery Sticks with Ranch, Tossed Salad, Baguette, Graham Crackers Cold #1 Tuna on Croissant Cold #2 Tossed BLT Salad Soup: Creamy Italian Tomato	28 Snack: Beef, Guacamole, & Egg Soft Taco Hot #1 Spaghetti with Meat Sauce Hot #2 Chicken Volterra, Peas and Carrots, Tossed Salad Italian Dressing, Baguette, Nilla Wafers Cold #1 Grilled Chicken Fajita Salad Cold #2 Turkey or Ham Sandwich Soup: Potato Leek	