

**Free Dress Guidelines**  
**(excerpt from St. John's Episcopal School Handbook)**

Dress on free- or spirit-dress days, extended class trips, and at school dances should be appropriate to the occasion.

- Clothing should be neat, clean, modest, reasonably well fitting and not tattered or torn (i.e., no ripped jeans).
- Bare backs and midriffs are not allowed.
- T-shirts should be free of objectionable messages or advertisements; boys' plain white undershirts are not allowed as external wear.
- Shorts, skirts, and dresses must be at least fingertip length.
- Yoga pants are acceptable, but the accompanying shirt must fully cover the student's bottom.
- Students must wear athletic shoes or other closed-toe shoes appropriate for an active school day; boots or slip-on shoes may not be worn during the school day.
- At school dances, students must meet free-dress guidelines to be admitted. In addition, dresses must have two shoulder straps of at least two inches in width each. Spaghetti strapped, strapless, backless, and deeply V'd clothing is not allowed.
- A student who is immodestly or inappropriately dressed will be required to change before being permitted to attend class or participate in extracurricular activities. Parents will be called to bring a change of clothes.